



DownLink

LOWER MAINLAND DOWN SYNDROME SOCIETY



understanding enhances acceptance

Summer 2010, Volume 18, Issue 1

LMDSS Board of Directors 2009-2010 Annual Report

Submitted by Edwina Jeffrey on behalf of the LMDSS board members.

Cogs and Wheels

First, we thank our many valuable volunteers who have helped throughout the year. Volunteers make LMDSS events, workshops, and parent networking groups happen. We'd also like to acknowledge our General Manager, Theresa Preston — the "glue" of our society. She is a key resource, networking with organizations, professionals and helping new parents.

Board Highlights: Focus & Goals

In August 2009, LMDSS board members considered the coming year's focus, strategies, and our event calendar, including:

Advocacy

This year we advocated for people with Down syndrome and other intellectual disabilities that were at Woodlands Institution prior to August 1, 1974.

LMDSS & DSRF Mandates Established

Our organizations continue to support each other's mandates:

- LMDSS: parent networking, providing information, resources, and support
- DSRF: research and education

Office Space

A long-time wish list item for LMDSS is to have a larger, accessible office and the DSRF offered us office space. Unfortunately the economy sabotaged the opportunity: our Gaming funds decreased from last year's by \$7,000.

Membership Renewals

The revamped LMDSS membership renewal process was successfully adopted. We will continue to follow-up with past members and attract new membership.

Communications & Networking

Bi-annual DownLink newsletter, LMDSS Weekly Email Update, Facebook page, and a new LMDSS website.

Memberships & Awareness

- **Leave a Legacy™ Program Ad**, a Canadian Association of Gift Planners program, to promote planned giving and public awareness.
- **Affiliate Member of the Canadian Down Syndrome Society (CDSS)**. Our representative attended the Affiliate Council Meeting at the 2010 CDSS Conference and invited everyone to Vancouver for May 2011, where the next national conference will be hosted by LMDSS!
- **POSSabilities Ad**, a Surrey Now supplement that promotes the abilities of persons with developmental disabilities.

Society Funding

Finding sponsors and funding to support our Society is a very important ongoing issue, due to our reduced Gaming funds and increased operating costs, despite efforts to cut expenses. We hope everyone will throw their support into our biggest fundraiser of the year: the 6th Annual Buddy Walk on September 25. ♦

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Summer Camp 2010

LMDSS & Zajac Foundation
present:

Youth Camp (7 – 17 years)
July 26 – 30, 2010
Cost: \$545*

Young Adult Camp (18–30 years)
August 2 – 6, 2010
Cost: \$545*

Application Deadline: June 21, 2010
(* Actual cost \$1090 — 50% is
subsidized by the Zajac Foundation)

Download forms at
[www.zajacranch.com/camp
schedule.htm](http://www.zajacranch.com/camp
schedule.htm)

There is no cost for support staff;
please note that parents cannot
attend as the support person.

Subsidy may be available. For more
information please contact Theresa
at 604-591-2722 or lmcss@telus.net

LMDSS Brochure

The LMDSS has developed another
new brochure. The fact is that we
go through our brochures at an
amazing rate, sending them by
the hundreds to new parents, IDP
programs, EA training programs,
hospitals and more. If you need to
pass along some information about
Down syndrome or the LMDSS, be
sure to get our updated material.

If you have a photo of your family
member with DS that you would like
to appear in one of our publications
or on our website, please contact
Theresa at 604-591-2722 or
lmcss@telus.net

Buddy Walk 2010

Saturday, September 25, 2010



The date for the LMDSS 6th Annual Buddy Walk is hurtling toward us at a rapid pace. The summer lies ahead but there are only two months between now and the Buddy Walk on Saturday, September 25. Plans are being formed fast and furiously.

This year, we're happy to be coordinating our efforts with the Fraser Valley Down Syndrome Support Group, which will run its event simultaneously in Abbotsford. See below for specific information about the two walks.

LMDSS 6th Annual Buddy Walk

Location: **Bear Creek Park**
13750 88th Avenue
Surrey, BC

Date: **September 25, 2010**

Time: 10:30 a.m. to 2:30 p.m.

Check-in: 10:30 a.m. – 11:30 a.m.

Walk Time: 12:00 noon

*Ribbon cutting by Surrey Official
News reporter to emcee*

Registration Cost

Adult	\$10
Teen	\$10
Child	\$5
Self Advocate.....	FREE

Family (2 adults & 2 kids)

• <i>early bird</i>	\$20
• <i>after September 18</i>	\$25

Team (up to 10).....	\$50
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• <i>additional team members</i>	\$5
--	-----

Prizes will be awarded for the:

- Best Team Outfits
- Most Enthusiastic
- Highest Pledges/Donations*
- Most Buddies (*register by Sept. 18*)
- Highest Team Pledges/Donations*
(**Pledge sheets and monies must be submitted by Sept. 18*)

Registration and pledge forms are
available at www.lmdss.com

- Martial arts demonstrations by Sirota's Alchemy students
- Stories and magic with Ronald McDonald
- Live band *Midnite Drive*
- Pictures with an Olympic torch and torchbearer
- Face painting & tattoos
- Raffles & 50/50 draw
- Creative Memories' individual photos
- Concession

FVDSS Annual Buddy Walk

Location: **Mill Lake Picnic Shelter**
Bevan Avenue, Abbotsford

Date: **September 25, 2010**

Time: 10 a.m. – 2 p.m.

Check-in: 10 a.m. – 11:30 a.m.

Walk Time: 12:00 noon

Cost:

Individual Walkers.....	\$10
Family (2 adults & 2 kids)	\$20
Self Advocates	FREE

Registration and pledge forms are
available at www.fvdss.org

Prizes will be awarded for the:

- Highest Pledges/Donations
- Most Buddies (*register by Sept. 18*)
- Highest Team Pledges/Donations
(**Pledge sheets and monies must be submitted by Sept. 18*)
- Mini Golf
- Tim Hortons
- Sionnaine Irish Dancers
- Balloon art
- Face painting
- Bouncy Castle (weather permitting)
- Door prizes
- Silent Auction

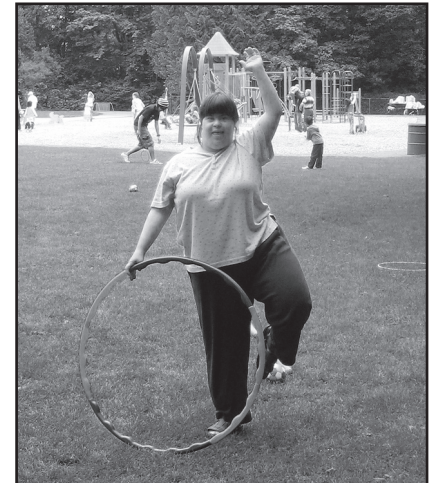
LMDSS Summer Picnic and AGM

The Summer Picnic and AGM was held on Saturday, June 26 at Fleetwood Park in Surrey. The weather was a bit cool and overcast to start with, but this didn't stop the sunny disposition of the children and self-advocates attending who were entertained by two Shriners clowns.

21 is a significant number for those with Down syndrome as it is also known as Trisomy 21. This year LMDSS is celebrating its 21st anniversary, so the LMDSS Annual Summer Family Picnic was all that much more special to enjoy.

We celebrated the occasion with food, socializing, and the children enjoyed games and the expansive playground and water park close by.

A short Annual General Meeting was held, where we welcomed and elected two new faces to the board team: Marlene Baertl and Maureen Pryznyk, each for a two year term. Also elected for a two-year term were incumbents Edwina Jeffrey, Mary Wareham and Sandy Konowalchuk. Serving a one-year interim term is Laurel Griffin. ♦



LMDSS at the Westham Island Strawberry Festival

The Strawberry Festival took place on June 19th and 20th, and, for the second year, LMDSS invited and partnered with Clover Valley (SACL) to volunteer at the concession stand to sell smokies, and strawberry shortcake. The Strawberry Festival fundraiser brought in \$1,200.

Thank you to the volunteers who came out on the sunny Saturday and braved

the weather on the cooler Sunday. We'd like to thank the generous sponsors that helped keep our costs to a minimum so that we could benefit: Schneiders; Calco Equipment (BC) Ltd.; Ronald McGown; Ida Molavi; IGA Marketplace; The Original Cakerie; Canada Safeway; and to Lorraine Bissett who gave us the opportunity to do this fundraiser at the Westham Island Estate Winery. ♦

Introducing...

Katelyn



Katelyn Mcphedrian is a sixteen-year-old who loves to sing and dance. She worships Zack Efron as her boyfriend and loves to swim, camp, and hang out with her friends and family. Katelyn is in her fourth year as a Richmond Special Olympics Athlete. Her passion is Rhythmic Gymnastics but she also enjoys being a part of Track and Field, Soccer, and Bowling. Katelyn is one of many athletes representing B.C. at the Special Olympics Canada Summer Games in London, Ontario, in July 2010. Good luck Katelyn!

World Down Syndrome Day at Castle Fun Park

By Mary Wareham

On March 21, World Down Syndrome Day, 25 people had a blast at Castle Fun Park, enjoying a LMDSS get-together for friends and family, on this special day. As each of us entered the Castle, we were pinned with a vibrant blue ribbon with the inscription World Down Syndrome Day, March 21, 2010 thanks to Allan at The Country Press.

Once we were all organized, families purchased a specially priced ticket for

the use of all the Park's activities, which included outdoor mini, jungle, and coral golf; batting cages; bumper cars; bowling; a shooting gallery; and over 160 arcade and skill games. What fun we had! The staff set aside a special room for us with an ongoing pot of coffee, compliments of Castle Fun Park. After hours of fun and activity everyone came together to enjoy pizza, pop, and cake. It was a wonderful, memorable World Down Syndrome Day. ♦

Support Networks

Parent networking and support groups do not meet during the summer months but will resume in September.

Down by the Bay

Last Wednesday of each month
7:30 – 9:00 p.m.
Semiahmoo House
15306 – 24th Avenue, Surrey
Lorraine Allen
604-538-8570
Sylvia Tudhope
604-882-8628

Burnaby Parent Networking Group

(Will resume in September)
Day of the Week: TBD
Time: TBD
Down Syndrome Research Foundation
1409 Sperling Avenue, Burnaby
Theresa Preston, LMDSS Office
604-591-2722

Upside Down

Fourth Saturday of each month
10:00 a.m. to noon
Vancouver IDP
3445 Kaslo Street, Vancouver
Lisa Cogan
604-551-0440
upsidedown@sloboda.bc.ca

Fraser Valley Down Syndrome Support

Second Thursday of each month
7:30 p.m. — 9:00 p.m.
105 – 32868 Ventura Avenue
Abbotsford
Sylvie Fraser
604-853-5563

New Babies

Ryan, Sinead
Plourde, Belinda

CDSS National Conference Coming to Vancouver in 2011

In 2003, the LMDSS hosted an extremely successful CDSS national Down syndrome conference. In May, 2011 we will again welcome friends, family and professionals from across the country to explore the latest developments and ideas about life with Down syndrome. Plans are formulating and we welcome your input. Please give us your suggestions for sessions, speakers, entertainment, children and youth programs, etc. Volunteers are the lifeblood of the endeavour. Please help make this conference one of the best ever. Contact the LMDSS to join the conference planning team or to make a suggestion. See below for a recap of the 2010 CDSS National Conference held in Saskatchewan.

CDSS Conference 2010 – Regina by Theresa Preston, LMDSS

From May 13 to 16, 2010, I attended the CDSS National Conference as the LMDSS representative to the CDSS Affiliate Council. The Affiliate Council gives Down syndrome societies across Canada a chance to network, discuss challenges, and highlight what they have been doing for the year.

Arriving at the Delta Regina Hotel, I felt the hustle and bustle as CDSS staff and volunteers readied themselves to receive 340 guests from across Canada. I met with CDSS staff, volunteers, and CDSS Affiliate Council members throughout the day, enjoying many stories and conversations from around the tables. I found a wonderful group of self-advocates and the Voices at the Table Advocacy Committee (VATTA) particularly inspiring.

Friday morning began with 250 guests registered for the pre-conference. The CDSS Affiliate Council put in a long but

rewarding day, meeting from 8:00 a.m. until 5:30 p.m. I spoke with individuals who could relate to the joys and difficulties of running a society and found that many societies deal with the same issues as LMDSS. The Council then gathered for dinner, and I learn even more about the other societies and formed closer bonds with some of their members. I received great ideas and support to bring back to our society.

On Saturday, I attended some of the conference offerings. A session entitled “What do you think of when you hear Assistive Technology?” presented great ideas to help children better perform. The featured items were an adaptive pencil grip, an easel/slant board, an eye gaze board, modified utensils, environmental control equipment, switch use and adapted toys, a portable word processor (AlphaSmart), ergonomic equipment (Ergo-Armrests), computer >>

Burnaby Parent Networking Group Needs Coordinators

The Parent Support Group that meets in the evening at the Down Syndrome Research Foundation is in need of two volunteer coordinators to schedule the monthly meetings (the group does not meet in July, August or December). Day and time to be determined.

Coordinators arrange speakers and book volunteers to provide childcare. They organize room set-up and clean-up, snacks, mediate group discussions, and follow-up with reports and receipts to the LMDSS office. For further details please call Theresa at 604-591-2722. ♦

CDSS Conference 2010, continued...

hardware and software, voice recognition software, and augmentative communication systems.

Another interesting session was *“The Urgency of Medical Outreach: Why advances in prenatal testing demand our efforts to provide balancing information.”* This session addressed prenatal testing, its ethical implications, its impact on patients and on the next generation, and talked about actions taken to develop a responsible means for medical outreach, what is being done, and what you can do right now.

I enjoyed the Best Buddies Blues Band, a 25-member band which joins mainstream students with students with intellectual disabilities. This group performed at the 2010 Paralympics in Vancouver. Writer, performer, and recording artist Brenda Baker supports this group.

As the conference drew to a close, I met with CDSS staff and the Saskatchewan Down Syndrome Society to discuss ideas and plans for the CDSS 2011 conference, scheduled for May 20–22 at the Delta Airport Hotel, in Richmond, B.C. At the Saturday evening Dinner and Dance, I had the pleasure of inviting 340 individuals to join us next year. The room buzzed with excitement about having the conference in Vancouver and were already starting to make plans.

I left sunny Regina exhausted but recharged and ready to continue the journey of supporting those with Down syndrome. I encourage other societies to join the CDSS Affiliate Council. It’s a great way to connect to communities in Canada, and to receive great input and support. It was great to put a face to the names and voices of people I normally just speak to over the phone. ♦

Woodlands’ Victims

Since 2000, former residents Woodlands have been fighting for compensation for the years of physical and verbal abuse they suffered before the institution was closed in 1996. About 900 victims qualify for the payment the government has finally decided to offer, but sadly, the approximately 550 survivors who suffered abuse before August, 1974 will get nothing. The B.C. Court of Appeals ruled that survivors victimized at Woodlands prior to the Crown Proceedings Act of August 1974 have no recourse of action. Prior to B.C.’s Crown Proceedings Act, the King or Queen—the Crown—and their agents could do no harm. This means that the suffering of the oldest, and possibly the most vulnerable, survivors is being entirely disregarded.

The LMDSS wrote to Attorney General Hon. Mike de Jong in support of those who have been cast aside, saying: *“The LMDSS believes that excluding these oldest and most fragile people*

from recognition of abuse and compensation is unjust. It’s cruel to exclude abuse victims in such an arbitrary way. Their voices should be heard. Just as the government accepts liability for the post-August ’74 survivors, it can accept liability for pre-August ’74 residents. It must include all victims of abuse at Woodlands. Many of the excluded survivors are the most fragile and live in poverty. Taxpayers’ dollars must be spent wisely, but also in a way that reflects a just society.

On behalf of the Board, Directors, and LMDSS members, please reconsider this ruling and protect the most vulnerable of our society: include ALL victims of this social tragedy.”

Add your voice by writing Honourable Mike de Jong Q.C., Attorney General, Room 232, Parliament Buildings, Victoria, BC V8V 1X4. ♦

Upcoming Conferences

2010 International Conference on Developmental Disabilities and Aging/Alzheimer’s Disease
November 19 – 20, 2010
SFU Harbour Centre, Vancouver

Individuals with developmental disabilities, including Down syndrome and autism, are living longer. As life expectancy increases, clinicians, families and service providers are witnessing new challenges in managing age-related issues. These novel challenges require innovative solutions. This conference is designed to bring clinicians, scientists, and families together to address changing trends with aging, highlighting recent research discoveries and innovative approaches for interventions. The conference will provide opportunities for lively discussions related to best practices in diagnosis, intervention, and quality of life. For more information go to www.dsrf.org.

Health and Wellbeing in Children, Youth, and Adults with Developmental Disabilities:
Autism, Intellectual Disabilities, and other Neurodevelopment Disorders
September 30 & October 1, 2010
The Coast Plaza Hotel & Suites
1763 Comox Street, Vancouver

This conference will provide education and informative updates on psychiatric, behavioural, and complex health components specific to individuals with DD, and showcase best practices in the field. Specifically, the conference will focus on approaches to complex challenging behaviours, contributing medical issues, and new developments in medication and behavioural treatment. In addition, the conference will address important health issues including Reflux, Pain, Epilepsy, Dental Management, and Sleep. Health problems in common genetic syndromes such as Down and Fragile X will also be addressed. For more information go to www.interprofessional.ubc.ca/Developmental_Disabilities.html

Youth Group Schedule

The Youth Group has enjoyed an amazing 10 years and there's more to come! LMDSS volunteer Melissa Hawkes is working on next year's schedule and wants your ideas.

Here's what is on the 2010 schedule so far:

July 26 – 30 (Ages 7 – 17)

August 2 – 6 (Ages 18 – 30)

Annual Camp at Zajac Ranch

Contact Theresa Preston at 604-591-2722 for dates, cost and forms

September (date & time TBA)

Bose Family Corn Maze

156th Street, Cloverdale

5 & underFree

6 to 18\$5

19 & up\$7

60 & up\$5

Family of 4\$20

Saturday, October 23

6 p.m. – 9 p.m.

Halloween Party

De Dutch Pannekoek House

#101–15235 Fraser Highway, Surrey

Cost: \$5 each for pannekoek, coffee, tea or pop.

Dress up if you like!!

Saturday, November 27

5 p.m.

Laser Tag at Planet Laser

20104 Logan Avenue, Langley

604-514-2282

Cost determined by size of group (LMDSS will subsidize)

Everyone welcome, bring friends and family! If you have questions or suggestions of events you would like to see on the schedule, please don't hesitate to contact Melissa or Julie.

Melissa Hawkes

604-536-2299

melissahawkes@shaw.ca

Julie Wood

604-308-5063

missjuliewood@hotmail.com

POSSabilities Now

Early in 2010, the Now newspaper in Surrey launched POSSabilities, a cross-disability themed publication that provides disability-related information, highlights resources and programs, and showcases the abilities and lifestyles of people from the community. The quarterly publication started with a distribution of 20,000 in the Surrey area but is already expanding to 50,000 through affiliated papers: Richmond News, Vancouver Courier, Maple Ridge Times, Chilliwack Times, Langley Advance, Abbotsford Times, Delta Optimist, North Shore News, Burnaby Now, Coquitlam Now, and the New Westminster Royal City Record.

Issues go out to city halls, recreation centres, schools, universities, colleges, hospitals, and targeted businesses, such as Safeway. POSSabilities is currently available on the Surrey Now website and will soon also be available on the websites associated with the other papers.

For the inaugural issue, the LMDSS contributed the following story about Lisa Stratton, who carried the torch in the Olympic torch relay. POSSabilities is interested in hearing from members of our community with other stories to share. Email your story ideas to Krose@thenownewspaper.com or call Kim Rose for more information at 604-572-0064.

Special Olympics Golden Girl Raises Torch

Lisa Stratton, a 19-year-old Delta resident with Down syndrome is anything but down. In fact, she's been on top of the world since she was selected to carry the Olympic torch on its journey to BC Place Stadium in Vancouver. Lisa, a Special Olympics Gold medallist, will run her 300 m leg of the torch relay in North Delta on February 9.

Lisa, a student in her last year at Sands Secondary School in Delta, leads an active life. She competes in Rhythmic Gymnastics and Curling with Delta Special Olympics and also dances with Surrey's Just for Kicks Dance Studio. In July 2009, she competed at the Special Olympics Provincials in Rhythmic Gymnastics and took home three gold medals, one silver, and one bronze. She'll represent B.C. in the Special Olympics Nationals in Ontario, in July 2010.

Long-time members of the Lower Mainland Down Syndrome Society (LMDSS), Lisa and her family got lots of encouragement from the society for Lisa to apply to become a torchbearer. Says LMDSS president Edwina Jeffrey, "Carrying the Olympic flame is an opportunity for all Canadians; we're very proud that Lisa got selected."



Says Lisa, "I wrote a story about my active life, and they liked it! I can't wait to wear the special uniform and carry the torch. My family and friends will all be cheering for me!"

Established in 1989, the Surrey-based LMDSS strives to promote opportunities for individuals with Down syndrome by promoting public awareness, networking with other organizations, and lobbying for appropriate educational, vocational and social opportunities. The society invites the general public to join its annual Buddy Walk on the third Saturday of September and to learn more about Down syndrome at www.lmdss.com. ♦

One Man Makes a Difference

On June 27, 2010, Casper Lja, from Conception Bay, Newfoundland and Labrador, will start an epic journey to raise awareness and \$1,000,000 for Down syndrome societies across the country. Casper will ride his bicycle across Canada to Victoria, B.C.

Casper has been inspired by his cousin Andrew, a 19-year-old with Down syndrome. On the website dedicated to information about this undertaking, Casper says, “Many people saw Andrew as different. Mostly, it was due to ignorance and the lack of education about Down syndrome. I stood up for my cousin, just like I do for all my friends and anyone with Down syndrome or other disability because they are the same on the inside as anyone on this Earth.

The CDSS, NLDSS (NL Down Syndrome Society) and Newfoundland fundraiser Lora Campbell are working together to make this campaign a resounding success. They ask people in each province to support Casper in his goal to create more awareness for Down syndrome, as well as raise the money. Casper is willing to stop into any city that would encourage him on his inspiring journey. For further information on Casper and his dreams please visit his Peace be the Journey website at www.peacebethejourney.ca.

We'll keep track of Casper's progress and hope to be able to give him a big welcome to Vancouver. To support Casper's mission, go to www.canadahelps.org and donate to the LMDSS or any Canadian DS society, dedicating your gift in honour of Peace be the Journey. ♦

Friendship Program: Is it right for you?

The LMDSS is looking into starting a new program, and we'd like know if your family would be interested in participating. The Friendship Program is meant to nurture the spiritual growth of people with cognitive impairments in the context of personal and meaningful relationships.

A typical Friendship Program would have a group leader coordinating the program and presenting the Bible story, often using drama and other forms of participation during a group session, which also includes singing and prayer. Then, friends and mentors pair up for one-to-one time to build relationships, talk about the Bible story, and explore the activities in a take-home paper. Most groups wrap up with a snack and social time and a closing prayer or song.

The program uses high-quality interdenominational materials which are easy to use and sensitive to different ages and learning styles. The Friendship Ministry has been in existence for over 25 years, and has over 1,000 Friendship groups in 50 denominations. Visit the Friendship Ministry website at www.friendship.org

If you or your family member would like to participate in this group, please contact the office to express your interest. This program will only go ahead if there is a good response.

For further information, please call Theresa at the LMDSS office at 604-591-2722 or contact her by email at lmdss@telus.net. ♦

LMDSS Notes

Donate to LMDSS On-line

Donations to the LMDSS can now be made on-line. It's easy for you and for the society—go to the link

CanadaHelps.org ▶



at www.lmdss.com/donations

The process is simple for you, your family, and friends: choose the LMDSS as the charity you wish to support, identify any special requests or memorial designations associated with your gift, and make your payment. A PDF tax receipt will be sent to you via e-mail. CanadaHelps then sends your donation to us.

Get LMDSS Connected

There's no question that people increasingly turn to the Internet for information these days. The LMDSS has long had an online presence but it can be a challenge to keep it fresh and up-to-date. Enter, stage left, the Art Institute of Vancouver. We have three student groups from that creative institution developing ideas for our new website—we hope to unveil the chosen design by September 2010.

In the meantime, visit the LMDSS Facebook page. It's a great spot to see pictures taken at LMDSS events, check out for the latest news, and read DS stories gathered from around the world. Many thanks to Jennifer Engele for setting up and maintaining the page.

The power of being connected! Because we have a growing email base now, we were able to notify many members of a once-in-a-lifetime Olympic opportunity. VANOC donated 124 tickets to the LMDSS for those who might not otherwise be able to afford to go to some of the events. The tickets to the Opening Ceremonies, as well as Curling and Hockey events, got snapped up quickly. We would like thank VANOC for the generous donation.

If we haven't got your email address yet, don't hesitate to get it to us. You never know what valuable information might come your way.

Lower Mainland Down Syndrome Society (LMDSS)

#201 – 13281 72nd Avenue
Surrey, BC V3W 2N5
phone: 604-591-2722
e-mail: lmdss@telus.net
Web site: www.lmdss.com
office hours: Monday – Thursday
8:00 a.m. – 2:00 p.m.

The LMDSS strives to promote opportunities for individuals with Down syndrome. We do this through supporting families, promoting public awareness, networking with other organizations and individuals, and lobbying for appropriate educational, vocational and social opportunities.

President: Edwina Jeffrey
Vice-Pres: Terralyn Polege
Past-Pres: Fiona McLure
Treasurer: Don Longstaff
Secretary: Mary Wareham
Directors: Marlene Baertl
Jennifer Engele
Laurel Griffin
Laura Howard
Sandy Konowalchuk
Maureen Pryznyk
Manager: Theresa Preston

Statement of Policy & Disclaimer

The LMDSS newsletter, DownLink, is a means to share and promote news and views about Down syndrome, the families and members who are a part of this Society, and the events of the LMDSS. References to articles on therapy or treatment, or viewpoints expressed within the newsletter are for information purposes only, and are not necessarily supported or endorsed by the LMDSS. Contributions of stories, photos, or ideas relating to Down syndrome are welcome. Please submit articles to the LMDSS office address above.

Newsletter Editor:
Vicki Stratton
Layout and Design:
Sandy Konowalchuk
Printer:
Algebra Print & Imaging

Donations

United Way

- Canada Revenue Agency
- Coast Mountain Bus Company (Port Coquitlam)
- Surrey Memorial Hospital Acute
- Westkey Graphics Ltd.

Personal Donations

- Carefoot, Lois
- Gendall, Ian & Janet
- Griffin, Ann
- Hutchinson, Martin
- Jeffrey, Andrea
- Jeffrey, Rick & Edwina
- Kelsey-Etmanski, Helen
- Leopoldo, Matias & Violeta
- Longstaff, Donald & Stella
- May, Steve & Eva
- Plourde, Belinda
- Ross, Phyllis
- Sabatini, Giuseppe
- Spragge, Dave & Leanne
- Stratton, Vicki
- Utendale, Pat

Corporate Donations

- Calco Equipment (BC) Ltd.
- Canada Safeway
- Hydrecs Fund
- IGA Marketplace
- PharmaSave Drugs Ltd. (National)
- Schneiders
- Surrey Rotary Club
- The Original Cakerie
- Titan Recruitment Solutions Ltd.

In-Kind Donation

- Chan, Doris
- Konowalchuk, Sandra
- Stratton, Vicki

In Honour of Alexa Younge

- Yonge, Corey

In Honour of Sawyer Engele

- Mega Pro Marketing Inc.

In Honour of Lochlan & Hamish Phillips

- Blackham, Lisa

LMDSS Buddy Walk Donation

- MacEachern, Lori



BRITISH
COLUMBIA
The Best Place on Earth



LEAVE A LEGACY™



LMDSS Membership Application Form

name _____

address _____

city _____ province _____ postal code _____

home tel _____ business tel _____

cellular _____ e-mail _____

Yearly Individual, Family, or Group Membership: **\$30** Self-advocate: **Free**

Members receive the LMDSS DownLink newsletter; notice of meetings and workshops; annual social events; use of available resources such as library.

LMDSS is a non-profit society that solely relies on fundraising, membership fees, and donations. We greatly appreciate your tax-deductible donation of \$ _____

Tax receipts are issued for donations over \$10. Federal Tax No. 89162 1666 RR0001

TOTAL AMOUNT ENCLOSED (membership and donation) \$ _____

Send application and payment to:

LMDSS Membership, #201-13281 72nd Avenue, Surrey, BC V3W 2N5